



2018 Micronesian Games Athletics Schedule

Monday 16 July 2018

7:00 AM	1 Men 10000 Metre	Finals
7:00 AM	2 Women 10000 Metre	Finals
3:45 PM	3 Heptathlon: 1 Women 100 Metre Hurdles	Finals
4:00 PM	4 Heptathlon: 2 Women High Jump	Finals
4:30 PM	5 Women 100 Metre	Heats
4:30 PM	6 Women Long Jump	Finals
4:50 PM	7 Men 100 Metre	Heats
5:00 PM	8 Men Discus	Finals
5:10 PM	9 Women 400 Metre	Heats
5:15 PM	10 Heptathlon: 3 Women Shot Put	Finals
5:25 PM	11 Men 400 Metre	Heats
6:00 PM	12 Women Javelin	Finals
6:30 PM	13 Heptathlon: 4 Women 200 Metre	Finals
6:40 PM	14 Women 100 Metre	Finals
6:50 PM	15 Men 100 Metre	Finals

Tuesday 17 July 2018

3:45 PM	16 Octathlon: 1 Men 100 Metre	Finals
3:50 PM	17 Women High Jump	Finals
4:00 PM	18 Heptathlon: 5 Women Long Jump	Finals
4:00 PM	19 Octathlon: 2 Men Long Jump	Finals
5:00 PM	20 Heptathlon: 6 Women Javelin	Finals
5:00 PM	21 Octathlon: 3 Men Shot Put	Finals
5:00 PM	22 Women 400 Metre	Finals
5:10 PM	23 Men 400 Metre	Finals
5:20 PM	24 Women 5000 Metre	Finals
5:40 PM	25 Men Long Jump	Finals
6:00 PM	26 Women Shot Put	Finals
6:00 PM	27 Men 5000 Metre	Finals
6:30 PM	28 Heptathlon: 7 Women 800 Metre	Finals
6:40 PM	29 Octathlon: 4 Men 400 Metre	Finals



Wednesday 18/07/2018

3:30 PM	30	Octathlon: 5 Men 110 Metre Hurdles	Finals
3:45 PM	31	Men High Jump	Finals
3:45 PM	32	Octathlon: 6 Men High Jump	Finals
5:00 PM	33	Women Triple Jump	Finals
5:00 PM	34	Octathlon: 7 Men Javelin	Finals
5:10 PM	35	Women 200 Metre	Heats
5:25 PM	36	Men 200 Metre	Heats
5:45 PM	37	Women 400 Metre Hurdles	Finals
5:55 PM	38	Men 400 Metre Hurdles	Finals
6:00 PM	39	Men Shot Put	Finals
6:10 PM	40	Women 800 Metre	Finals
6:20 PM	41	Men 800 Metre	Finals
6:30 PM	42	Octathlon: 8 Men 1000 Metre	Finals
6:50 PM	43	Women 4x100 Metre Relay	Finals
7:00 PM	44	Men 4x100 Metre Relay	Finals

Thursday 19 July 2018

6:00 AM	45	Men Half Marathon	Finals
6:00 AM	46	Women Half Marathon	Finals
5:00 PM	47	Women Discus	Finals
5:15 PM	48	Women 100 Metre Hurdles	Finals
5:30 PM	49	Men 110 Metre Hurdles	Finals
5:45 PM	50	Women 1500 Metre	Finals
6:00 PM	51	Men 1500 Metre	Finals
6:00 PM	52	Men Triple Jump	Finals
6:00 PM	53	Men Javelin	Finals
6:20 PM	54	Women 200 Metre	Finals
6:30 PM	55	Men 200 Metre	Finals
6:50 PM	56	Men 4x400 Metre Relay	Finals
7:00 PM	57	Women 4x400 Metre Relay	Finals